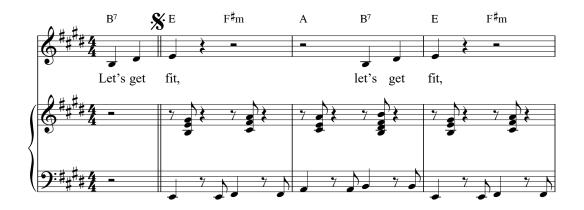
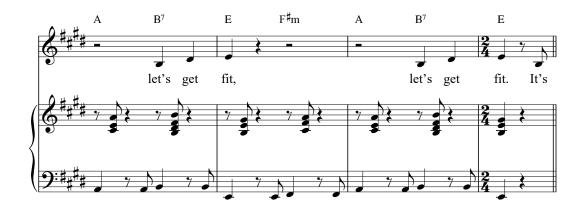
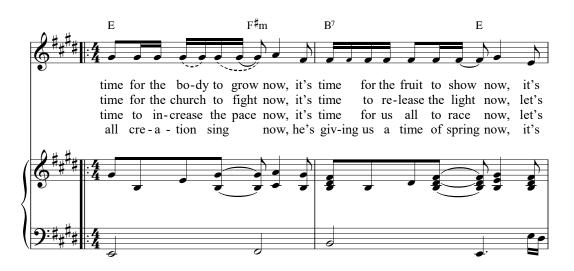
## Let's get fit

Words and Music: Kath Fathers

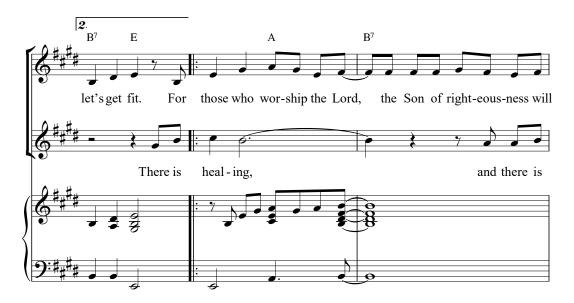


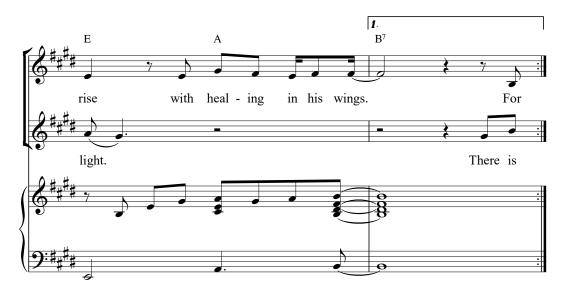




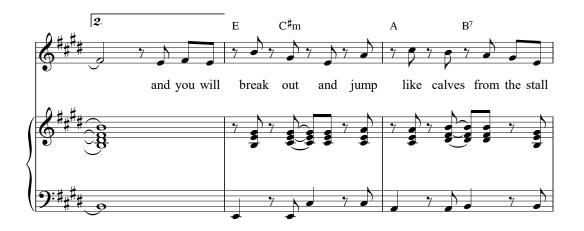
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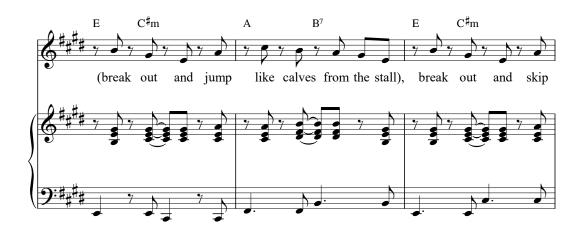


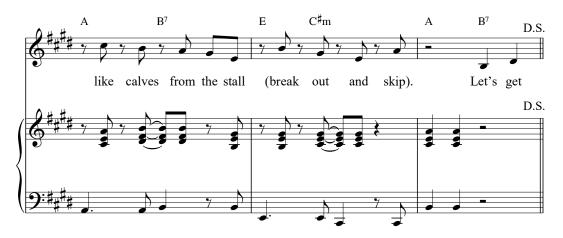




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